



Optimizing nutrition in children with *inflammatory bowel disease*

FREE 1.0 CPEU WEBINAR:
Wednesday, December 11 from 12pm–1pm (ET)

The CPE activity application for “Optimizing nutrition in children with inflammatory bowel disease” is pending CDR review and approval for 1.0 CPEUs.

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Inflammatory bowel disease (IBD) can present unique challenges for pediatric patients, affecting not only their physical growth, but their overall health and well-being too. Good nutrition plays a pivotal role in managing symptoms, promoting growth, and supporting better outcomes for these patients. **Jaclyn Quinlan MPH, RD, LDN**, will delve into the nutritional concerns for pediatric patients with IBD, how nutrition impacts the management of the disease, and role of diet as an adjunct treatment. Leave with the strategies you need to improve the lives of your patients.

About the speaker:



Jaclyn Quinlan MPH, RD, LDN, received her undergraduate degree at the University of Rhode Island and went on to complete a coordinated MPH/DI program at UMass Lowell. She has worked in the outpatient pediatric GI setting for five years. In her current role, she works as a part of the multidisciplinary IBD Center and Celiac Center at Boston Children’s Hospital as an outpatient Clinical Nutrition Specialist. Her interests include integrating diet therapy as part of the care plan for the patient with IBD as well as providing diet education to patients and their families regarding fiber and its relationship to IBD.



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